

# Smart Goals



Once you have completed your Learning Styles Assessment and the reflection, take this sheet home to parents/guardians to create S.M.A.R.T. goals for each of the criteria below.

	<b>S</b> <b>SPECIFIC</b> State what you'll do	<b>M</b> <b>MEASURABLE</b> Provide a way to evaluate	<b>A</b> <b>ACHIEVABLE</b> How is it attainable or reasonable for you?	<b>R</b> <b>REVELANT</b> How is it worthwhile for you?	<b>T</b> <b>TIME-BOUND</b> State when you'll get it done
<b>HEALTH</b> (Mental/Physical)					
<b>ACADEMICS</b> (study skills & organization)					
<b>PERSONAL GROWTH</b> (relationships, spiritual, self-confidence, etc.)					